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# Equipping Kids to Avoid Sexual Hazards

*A Workshop Presenting Solutions for Maintaining Purity in Families and in the Church*

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***“It is easier to build strong children than to repair broken men.”***

# Main Points

- ACCOUNTABLE to God to teach and protect your kids
- Default plan = ALMOST CERTAIN profound damage
- Building the RELATIONSHIP of an effective parent
- Resources & principles to make it easier and effective

# Love Always Protects (1 Corinthians 13:7)

## God Commands You, the Parent, to Equip Them

Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. *Deuteronomy 6:7*

Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord. *Ephesians 6:4*

Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever. *1 Timothy 5:8*

But if the watchman sees the sword coming and does not blow the trumpet to warn the people and the sword comes and takes someone's life, that person's life will be taken because of their sin, but I will hold the watchman accountable for their blood. *Ezekiel 33:6*



You would never store poisonous chemicals without childproof locks!

You would never send your 4-year-old alone to use the restroom at Walmart!



You would never drop your 5-year-old off to watch a movie by himself!

You would never let your preschoolers play in traffic without supervision!



You would never have your 7-year-old daughter walk ½ mile to school alone!

You would never leave your kids unprotected

BUT . . .

Parents routinely leave their kids unprotected against much more likely life-changing negative outcomes because they have not had the needed conversations and training.

# Sexual Hazards of Today

Sexual hazards abound in many forms:

- Teens/pre-teens becoming sexually active
- Kids becoming life-long pornography users
- Early confusion about sexual orientation
- Sexual predators and child sexual trafficking
- Your child as a permanent online porn object

# What Does God Say about Sex?

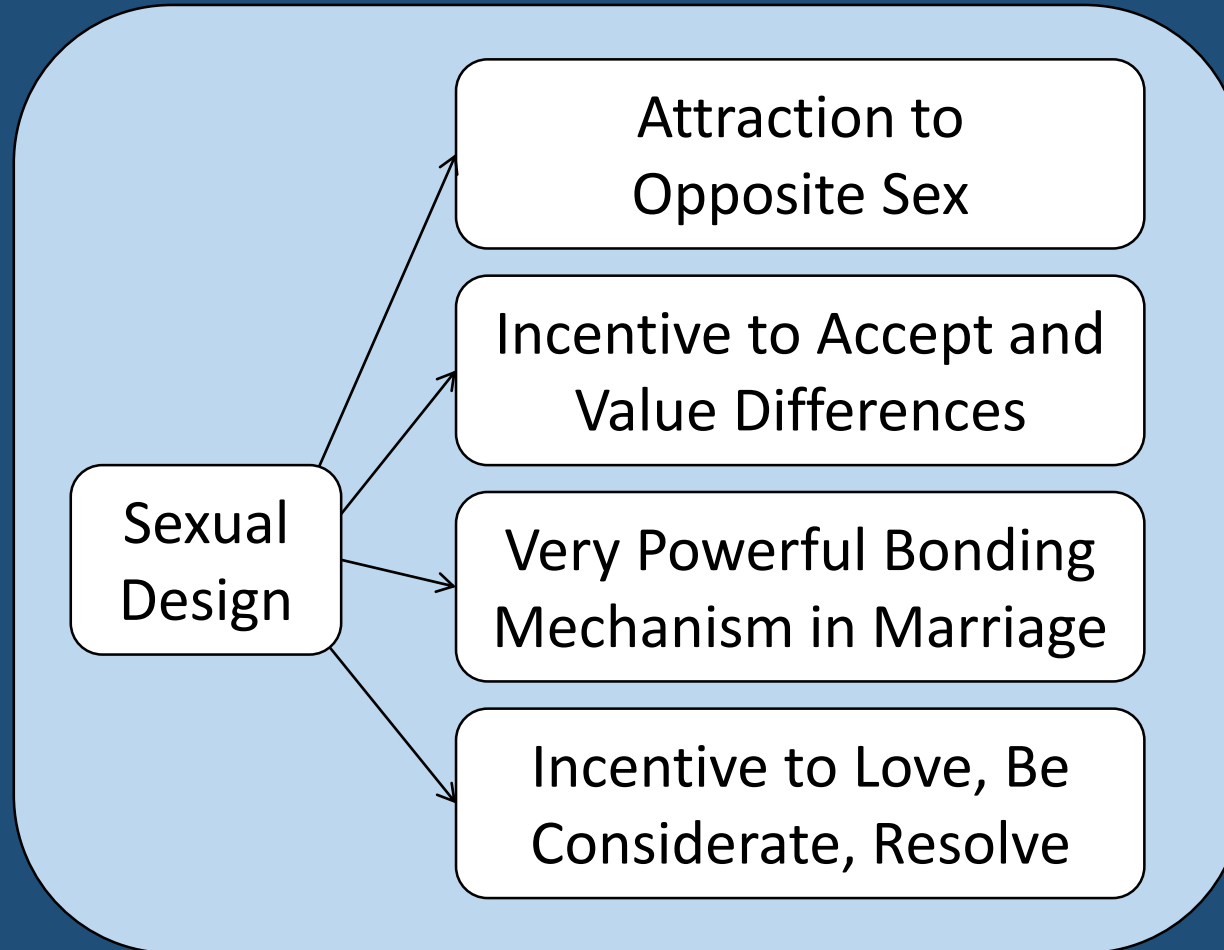
*The Bible talks about it! We've got to start talking about it!*

- It's good, VERY GOOD!
- Not shy about sex
- Sex is important in marriage
- Commands: No sexless marriages!
- Whole book on marital bliss
- Proverbs 5-7 blessings & traps
- Instruction to protect something good



# Sex Is Good!

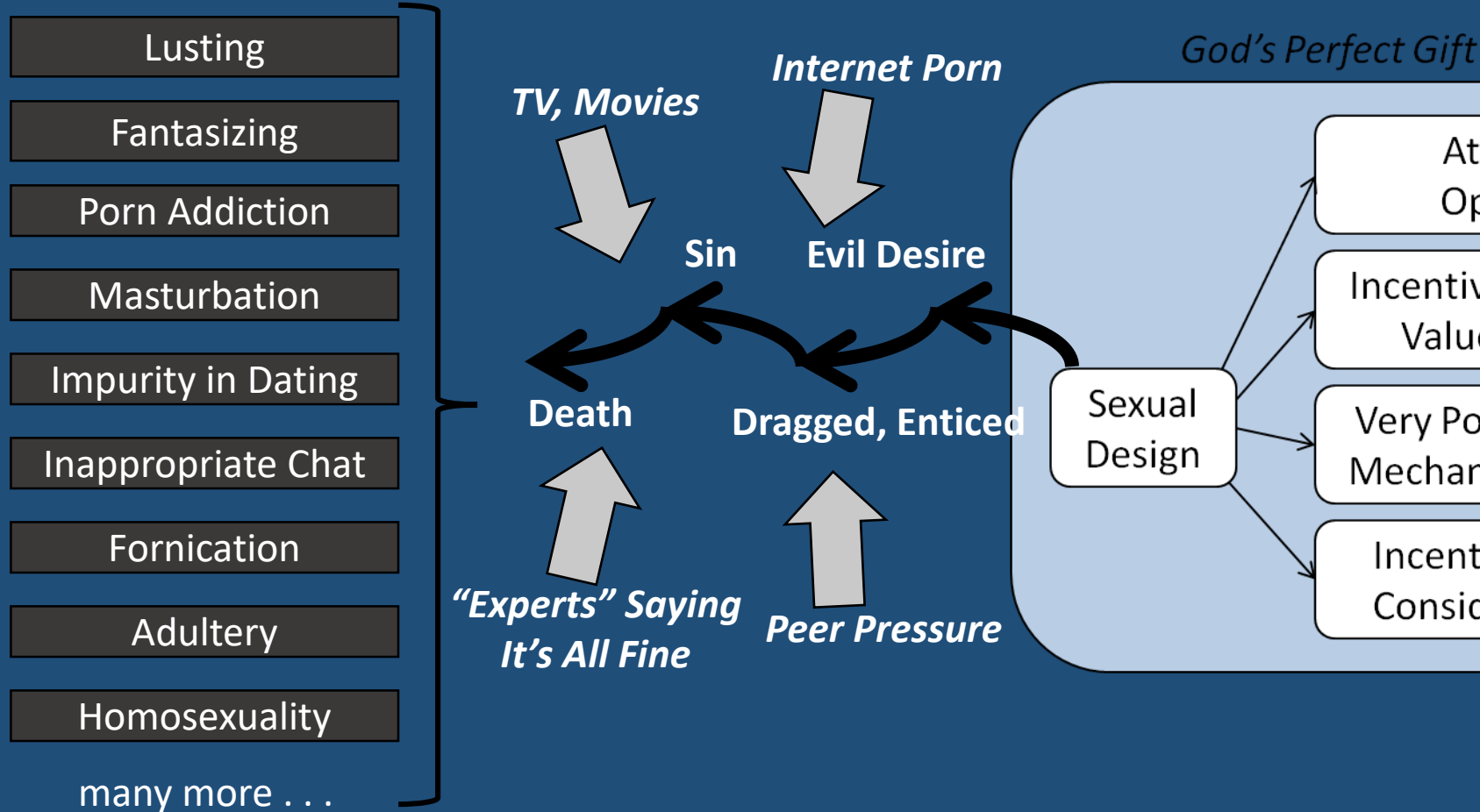
*God's Perfect Gift: The Two Become One*



# Satan Can't Create, So He Perverts

*Perversion: Twisting something beautiful into something ugly*

## Satan's Schemes



If you are not following God's plan for sexuality, Satan will give you a plan designed to **destroy** you.

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. John 10:10

God's gift of sex for marriage is like if someone gave you the gift of a beautiful, hot sports car . . .



Having sex with someone you're not married to . . .



Have nothing to do with the fruitless deeds of darkness, but rather expose them. Ephesians 5:11

# We Are in a War!

*Don't Let Satan Be the Only One with Ammunition!*



## Satan's ammunition:

- Google
- Anti-Virginity
- Be accepted
- TV, movies, web
- Monogamy unrealistic
- Marriage outdated
- Casual sex, hooking up
- Half-truths

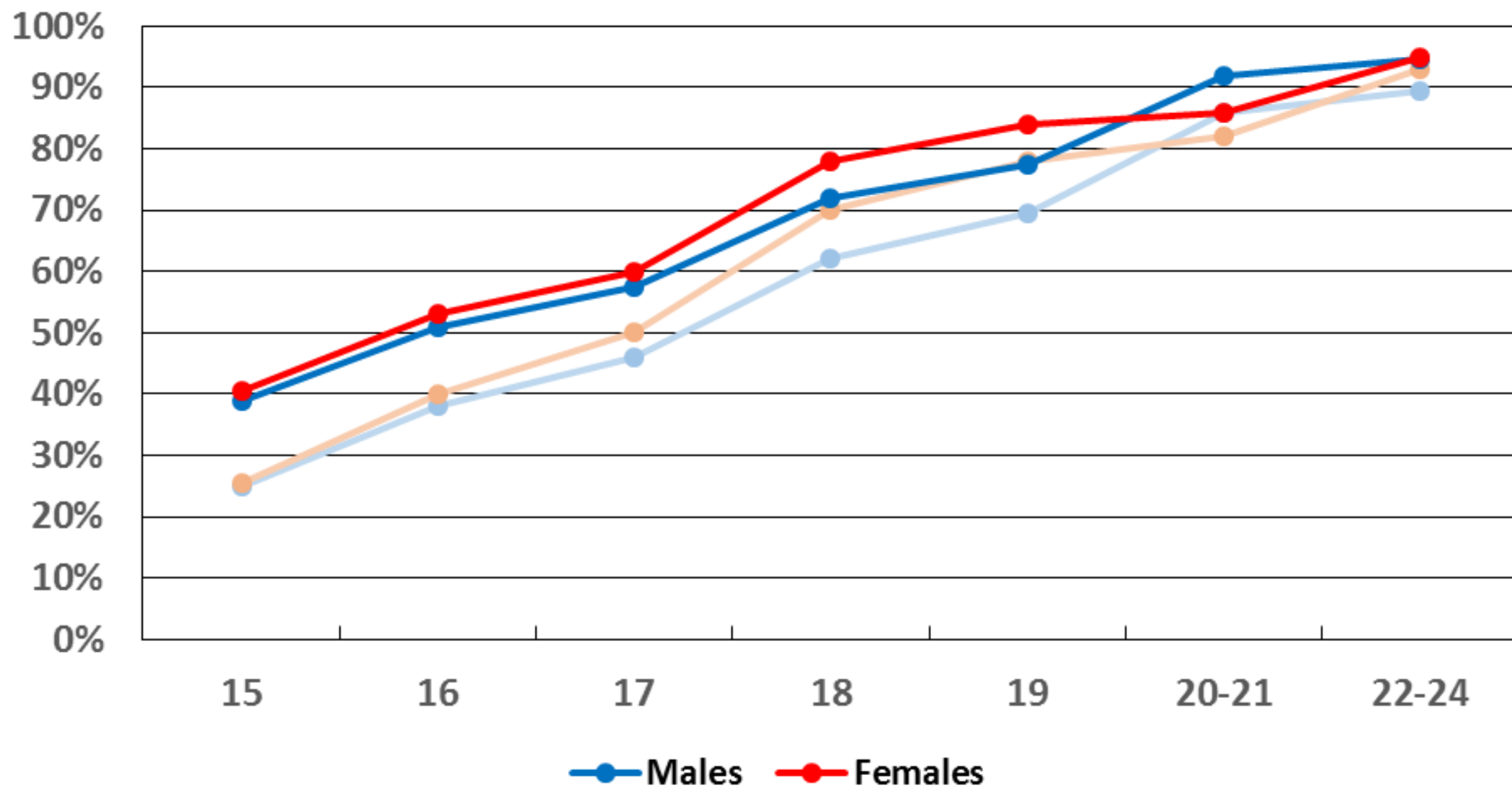
# Sexual Sin Is Different

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies. *1 Cor 6:18-20*

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. *Hebrews 13:4*



## Have Had Oral Sex or Penile-Vaginal Intercourse



# “Surely Not in the Church!”

	<i>Men</i>		<i>Women</i>	
	<i>US</i>	<i>ICOC *</i>	<i>US</i>	<i>ICOC *</i>
Watch Pornography	81%	77%	30%	6%
Masturbate	99%	84%	63%	51%
Sexual Issues Threaten Their Salvation		76%		38%
Sexual Issues Limit Usefulness to God		81%		43%
Sexual Sin Is Biggest Spiritual Issue		54%		19%

\* From 2009 Campus Ministry Conference

**But, you say, “Not my kids!”**

“They go to a Christian school.”

“They’re home-schooled.”

“They’re naïve and innocent.”

**This kind of thinking is part of the problem, not the solution!**

# Our Kids Learn about Sex at an Early Age

- School (including preschool)
- Neighborhood friends
- Playground, PhysEd, Sports
- Locker Rooms
- School Bus
- School Sex Ed
- Lunchroom
- Texting
- News Broadcasts
- TV Programs and Ads
- Movies
- Billboards
- Internet Sites
- Twitter
- Chat rooms
- Magazines

**Remember This: First Messages Are the Most Powerful!**

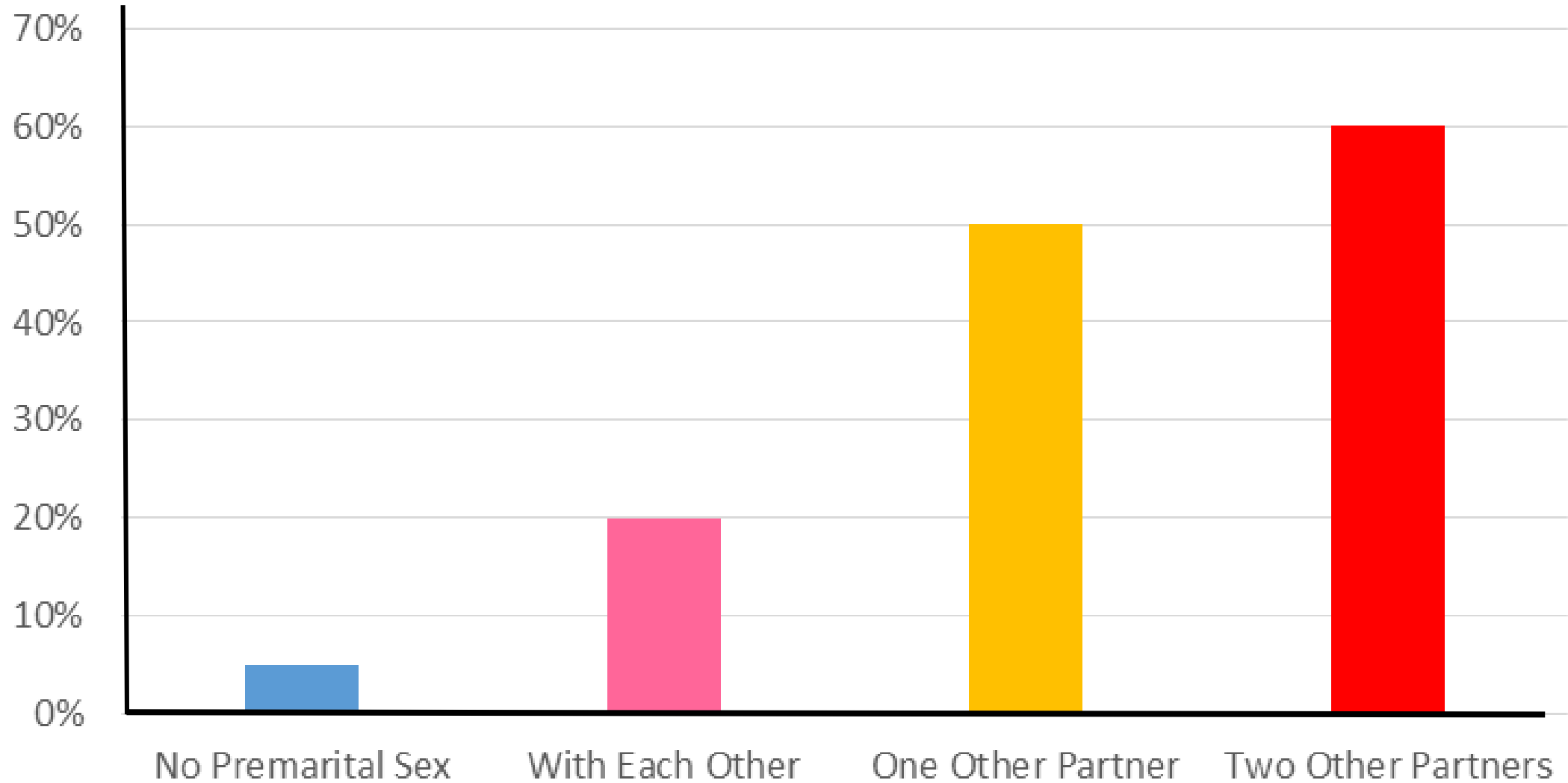
# The Devastation of Sexual Sin

- Broken relationships with God and parents
- Poor/No sexual relationship later in marriage
- Marital infidelity increased by 300%
- Much higher divorce rate
- Single moms and poverty
- Children without two parents
- STDs (25% of high-school kids have them)
- Pornography addictions and brain changes

# First Sexual Experiences Are Powerful

- First sexual experiences before marriage can include
  - Oral sex
  - Pornography & Masturbation
  - Sexual Intercourse
- The effects are **long-lasting** and **diminish** a person's ability to have a healthy sex life in marriage
- With the right help, you can ameliorate the negative effects, but you **cannot un-do the negative effects** of unhealthy sexual experiences

# Divorce Rate



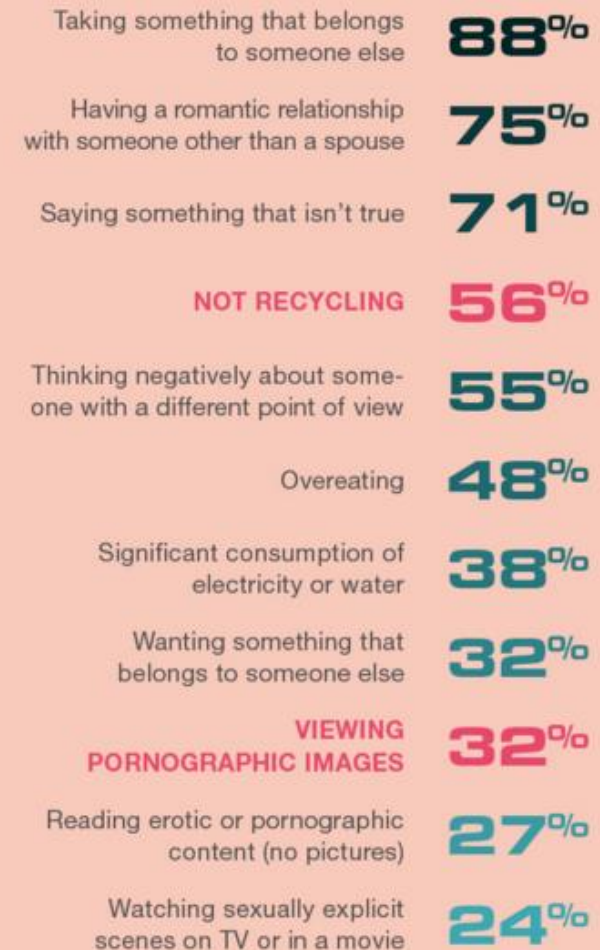
What happens if you let your kid's friends teach your kids . . .

Today's culture:

“Pornography's not a problem.”

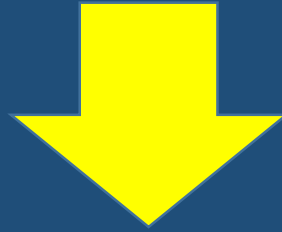


## TEENS AND YOUNG ADULTS RANK NOT RECYCLING AS MORE IMMORAL THAN VIEWING PORN





**Repeated Porn Consumption**

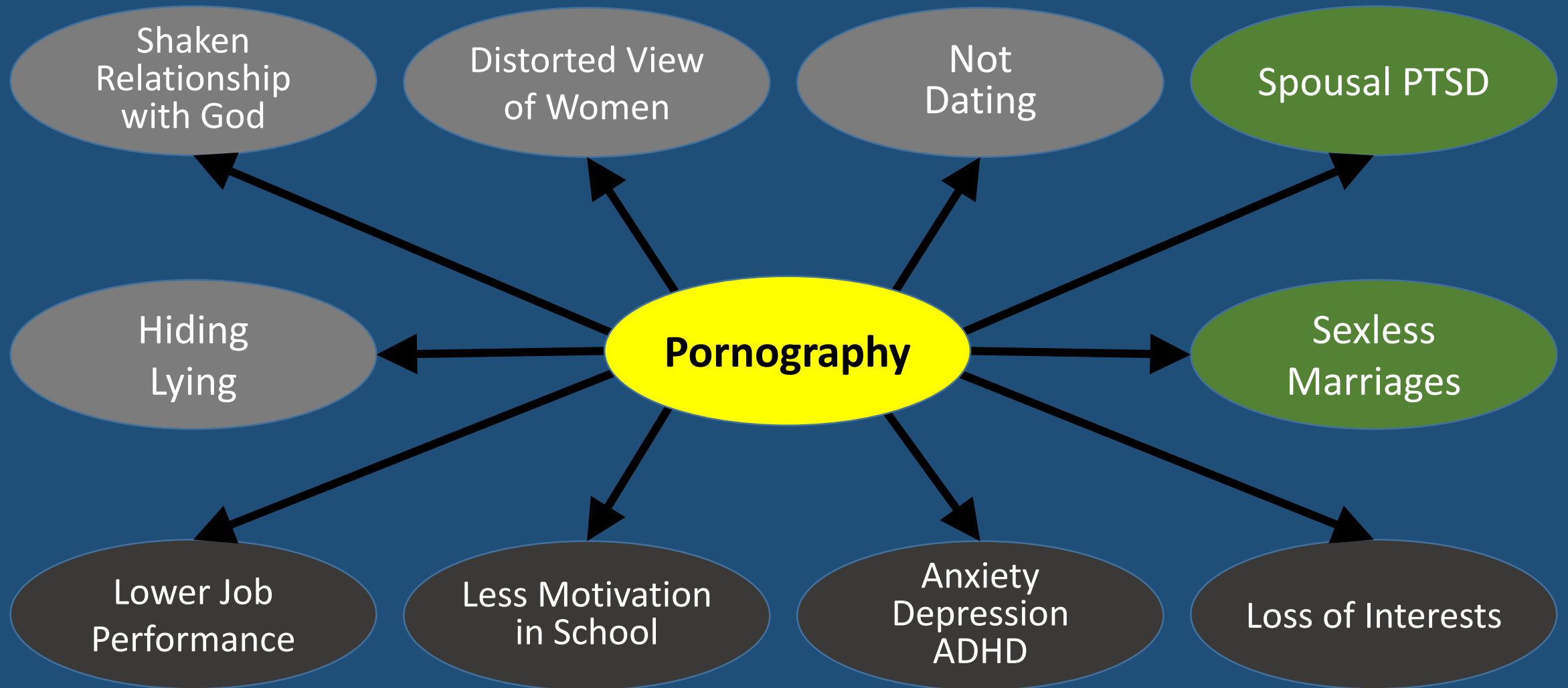


**Structural Brain Changes**

**ADDICTION !**



- 1) Numbed pleasure response
- 2) Hyper-reactivity to porn
- 3) Conscience becomes callous
- 4) Willpower erosion



Pornography is now the #1 reason marriages end in divorce in America.

# Problems with Men Using Porn:

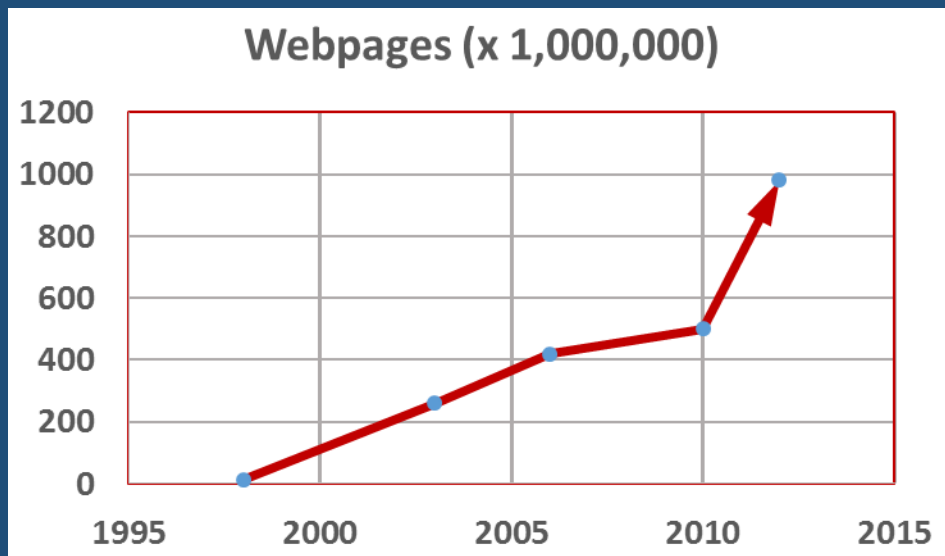
- Violates God's commands
- Selfish gratification at another's expense
- Prostitution, sex trafficking, child sexual abuse
- Warps men's view of women, sex, and relationships
- Highly addictive (all the down-sides of addiction)
  - It is **progressive**, requiring novel, more shocking, and more perverse forms
  - Often leads to abusive and/or criminal activity
  - Overtaking; lost interest in other activities
  - Secrets, lies
- Porn kills true intimacy and love
- Lost connection with spouse, children, spiritual relationships

# Problems with Women Using Porn:

- Violates God's commands
- Women typically begin watching porn as their sexual role model
- Low self-worth, willingness to be abused
- Women can also become porn addicts
- Deception, loss of transparency
- Kills true intimacy and love
- Feelings of shame
- Kills closeness in relationships: family, spiritual relationships

**91%** first time exposure by a child was during activities such as research for a school project or surfing the web for other information.

# Porn Websites

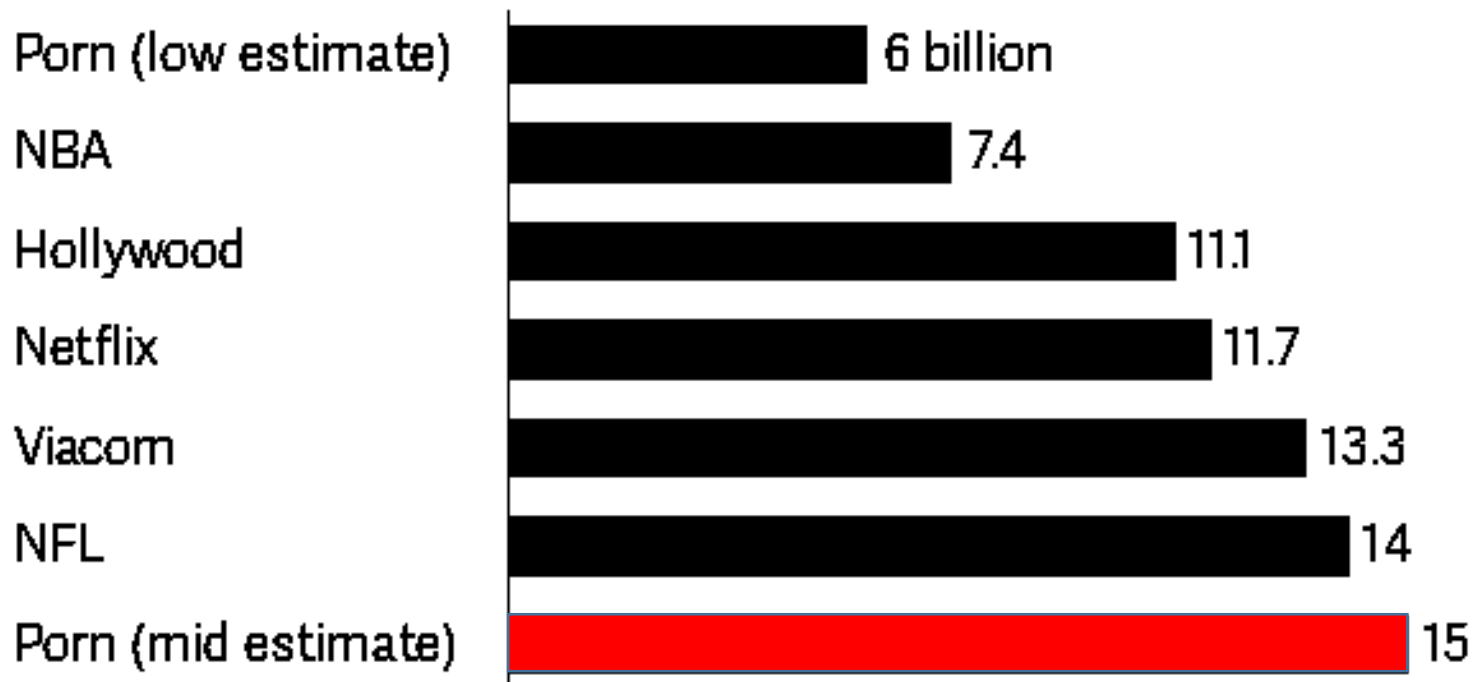


- 1998 - 14 million webpages
- 2003 - 260 million webpages
- 2006 - 420 million webpages
- 2010 - 500 million webpages
- 2012 - 980 million webpages
- 2015 - 1.8 Billion webpages

Over 20 Million Websites  
6,000,000,000 visits/mo

# Pornography Is ~~Big~~ <sup>HUGE</sup> Business

Estimated US entertainment-industry revenue in 2018



ATLAS

| Data: Forbes, NFL, comScore, Viacom, XBIZ

# How Can Pornography Be Such Big Business When So Much of It Is “Free”?

## Pornography is addictive

- The ingredients for addiction are
  1. Hijacking a natural reward (in this case sex and pleasure)
  2. Novelty – continuously new subject material
  3. Shock and surprise
- Normal rewards and pleasures no longer make the addict “OK”
- The addict cannot feel “normal” without continuing to watch pornography
- Tolerance (desensitization) requires escalation to a higher “strength”

Note: Higher “strength” in pornography means “more shocking.”

That means going beyond depicting women as “sex objects”



# Largest consumers of Internet pornography are 12-17 year olds



**25%** of all internet searches

**35%** of all downloads

**1/3<sup>rd</sup>** of all internet traffic



# Pocket Porn

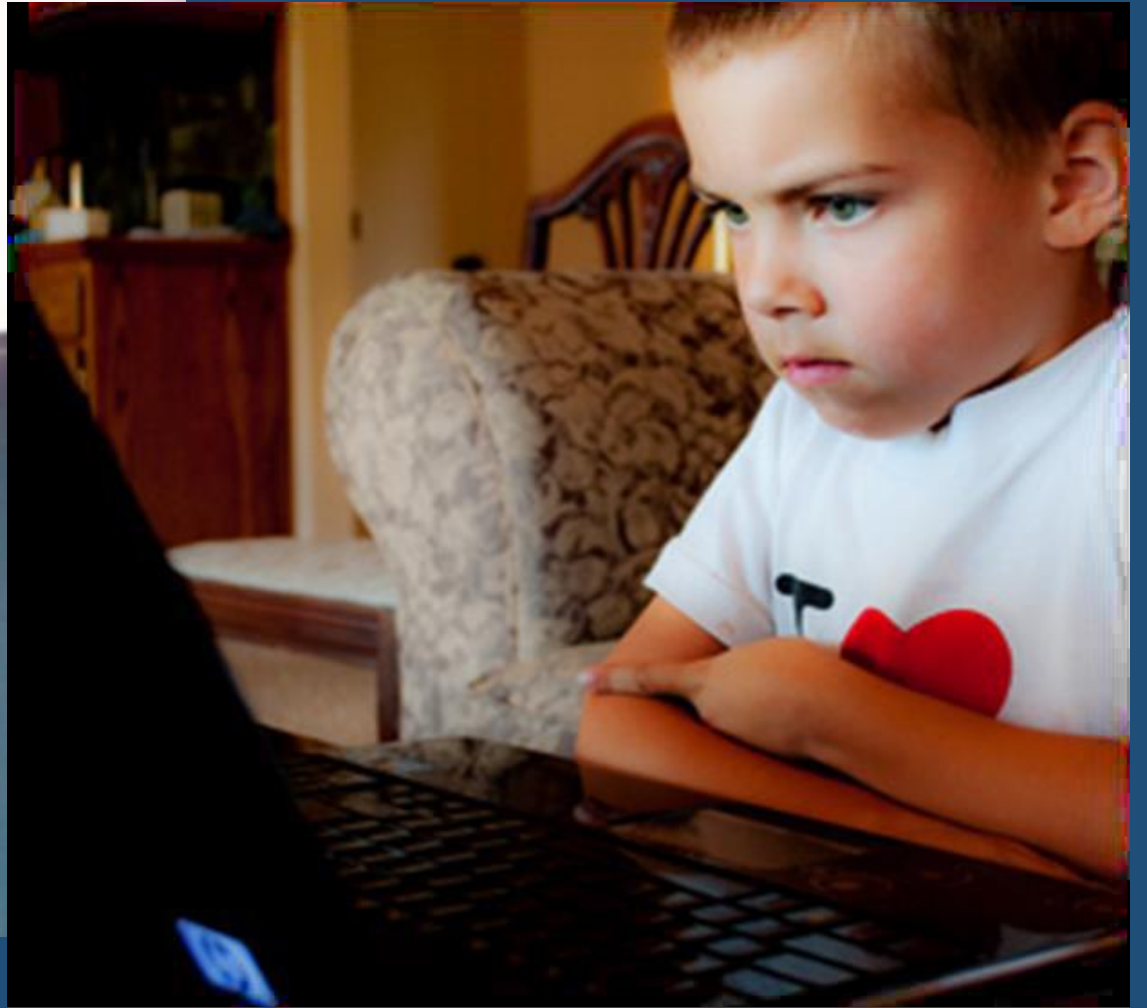
The days of the X-rated movie theater may be nearly over. Teens and young adults today are carrying around an adult theater in their pockets

24% of smartphone owners admit to having pornographic material on their device.



*Pornography has replaced the home, church, and school as the source of sex education.*





Not, “How should I prepare my child if they see porn?”  
Instead, “How should I prepare my child when they see porn?”

The pornography industry is doing today what the cigarette industry did until a few decades ago:

“Hook the kids early on the product and you have a customer for life.”

# Let's Talk about Solutions!

- These solutions work if you use them.
- Next, remember the three keys to parenting:  
**Relationship, Relationship, Relationship**
- Case 1: Your kids are still young (0 to 3<sup>rd</sup> grade)
- Case 2: Older kids

## Case 1: Younger Kids

This is not complicated. You just buy these books and begin using them. The books even tell you how to use them!

It simply works!

# Get These Books!

**Ages 5-8:**  
Differences in your bodies  
God's plan for marriage  
Sexual intercourse in marriage



**Ages 3-5:**  
God's wonderful plan for family  
The amazing body He gave me  
Boys and girls are different

**Ages 8-11:**  
Reinforce God's plan for sex  
Expose worldly ideas & the  
resulting destruction  
Introduce STDs & unplanned  
teenage pregnancy

**Ages 11-14:**  
Helping your child  
through physical and  
emotional challenges of puberty  
Clarifying distortions of sex  
and the beauty of God's plan



# So What Could Go Wrong?

We asked parents “How’s it going?”

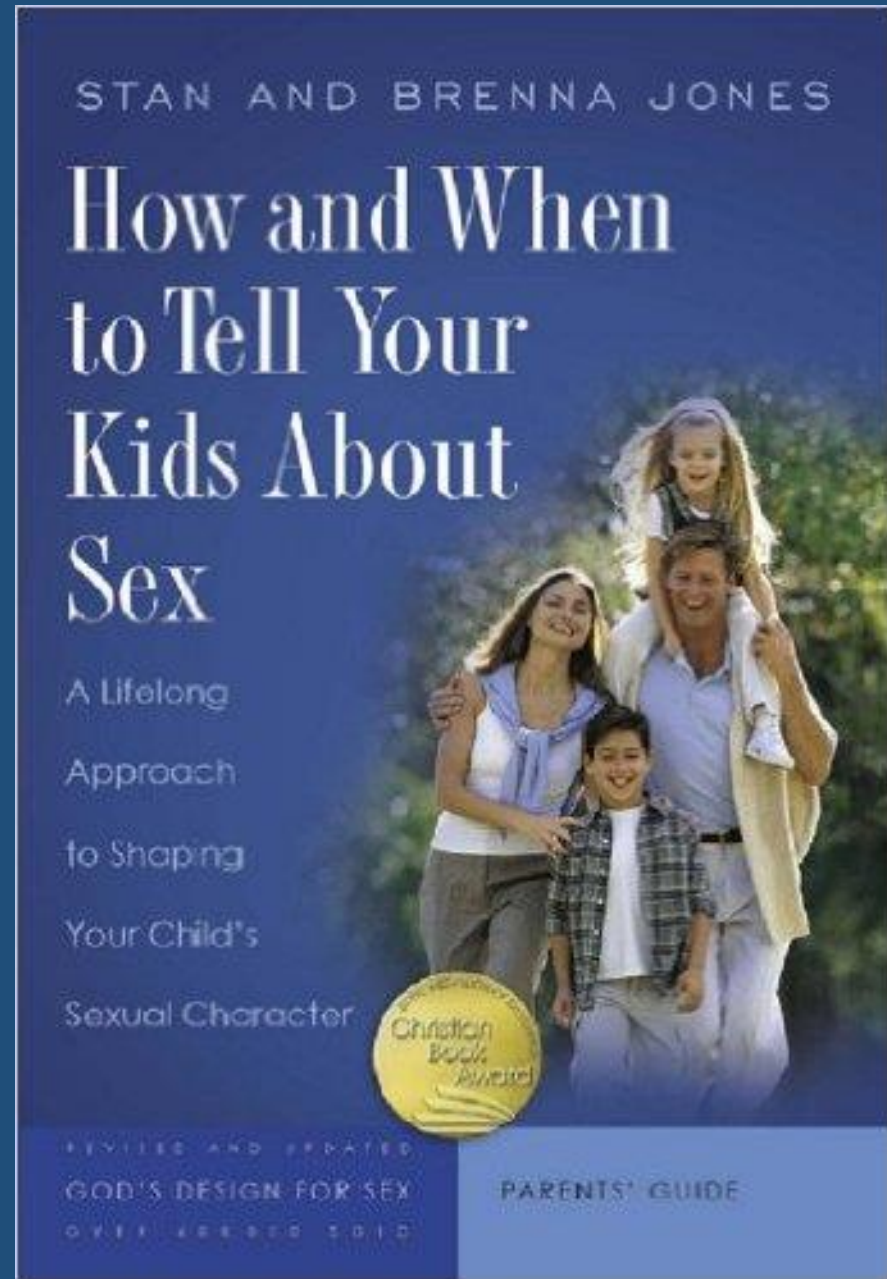
They said, “I know. I should have gotten the books and started, BUT . . .

- “We really messed up sexually. We’re not a good example.”
- “They are so innocent – I want to keep them that way longer.”
- “I was sexually abused. I don’t want my feelings to hurt my kids.”
- “Our sexual relationship isn’t that good. How can we teach that sex is such a great thing?”
- “I think it’s ridiculous to be teaching a 4-year-old about sex! You should wait at least until puberty.”
- “I think I’ve waited too long. When I try to bring it up, my kid just rolls his eyes and says he already knows about sex.”
- “I just haven’t gotten around to it.”

# Talking with your younger kids

- First messages are most powerful. You teach your children the truth before they hear the distortions.
- Your children understand that sex is a gift from God to be protected.
- Begin talking about sex early
  - Kids are eager to learn
  - Young kids aren't embarrassed about sex
  - Since they aren't embarrassed, parents feel more at ease
- Your kids will consider you the experts on sex
- Your relationships with your children will be closer as a result
- Your family will be a light to coworkers, friends, and neighbors

***Get this book.  
Become an expert !***



# So, When Should I Start?

Early messages have the most power.  
Early experiences shape a lifetime.

*Train up a child in the way he should go;  
even when he is old he will not depart from it.*

**Proverbs 22:6**

## About talking with your kids about sex . . .

- Not the talk
- Start early for maximum results
- Early = “easy”
- Many talks throughout childhood, puberty, and the teenage years
- We’re going to help you with this

## Case 2: Older Kids

This is harder, because the kids have already been indoctrinated by the culture we live in, TV, pornography, their worldly peers.

This is where we remind you about the 3 most important parenting keys:

**RELATIONSHIP, RELATIONSHIP, RELATIONSHIP !!**

**Harder If You  
Wait Until  
Puberty**



**But Successful with  
Good Relationships**



# There's GOOD NEWS for you parents!

Who is the most influential person in your child's life?

**YOU!**

Deuteronomy 6:6-7 These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when **you watch TV** and when **you're riding in your car**, **when you** read bedtime stories **and when you're getting ready for school and work.**

# Let's talk about our relationships

- Connection with people and nurturing are vital
- In this pandemic, over 50% of children 11 to 17 report often thinking about suicide
- If family is nurturing and a safe place to talk, less stress, anxiety, more resilient, hopeful for future – no matter what is falling apart right now
- TRUTH: talking to your kids about sex and purity may be uncomfortable, BUT with good connection, you can talk about all important topics:
  - social injustice, racism, sexual orientation, peer pressure, bullying, boundaries, online reputation
- Shows you care, Safe Place

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# Monitor YOUR Screen Time



Beware of CPA (continuous partial attention)



# Be An Active Listener



A close-up photograph of two women. The woman on the left, with long dark hair and wearing a light blue button-down shirt, has a stern, angry expression and is pointing her right index finger towards the other woman. The woman on the right, with long blonde hair and wearing a blue and white striped shirt, is looking down and to the side, appearing to be in a conversation or argument. The background is a plain, light-colored wall.

Regulate Your Own Emotions

# Help Kids Identify Their Emotions

HOW DO I FEEL?





Play, use fantasy/humor





Build your child's own sense of identity



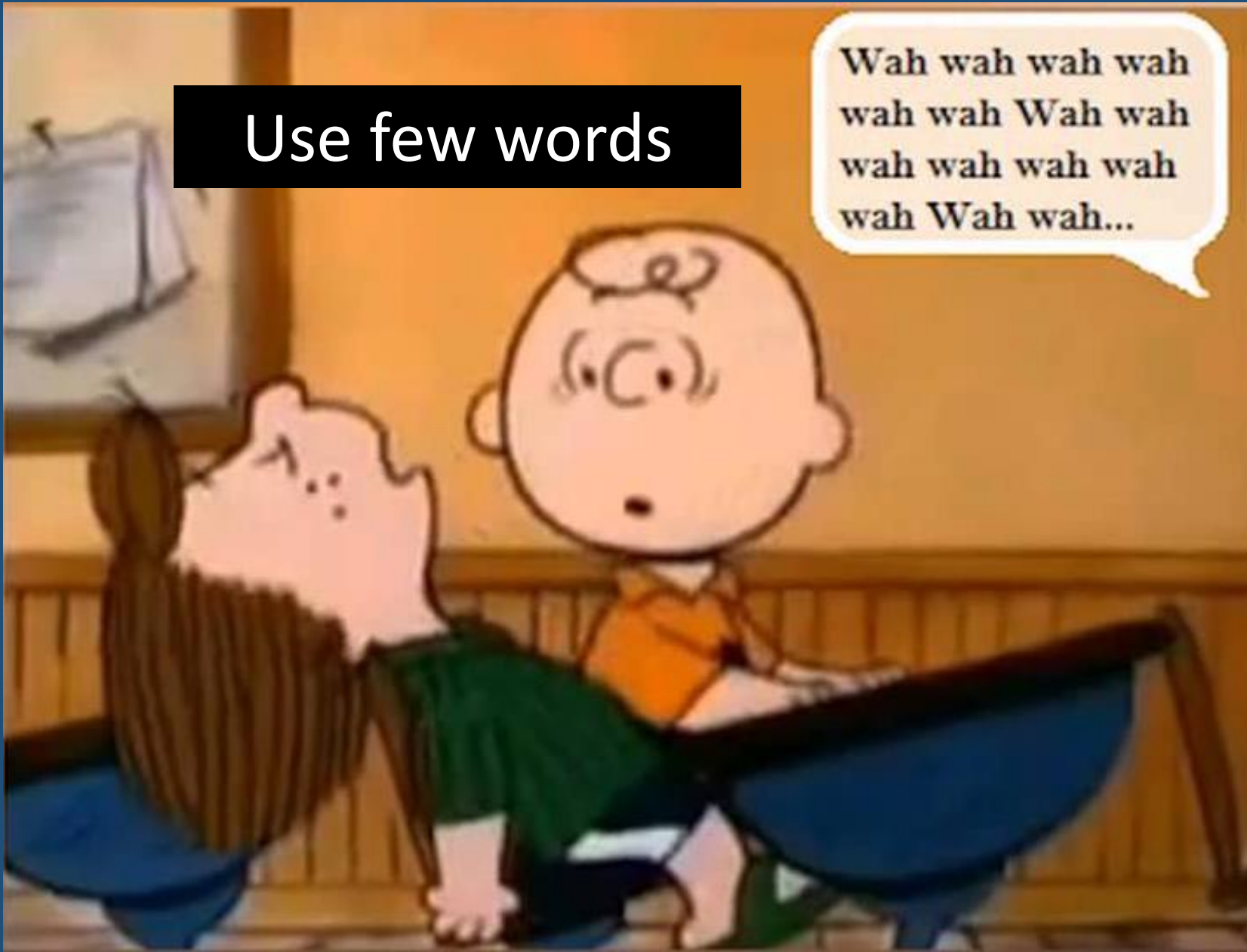


Notice changes in their behavior

# Is this what they end up hearing?

Use few words

Wah wah wah wah  
wah wah Wah wah  
wah wah wah wah  
wah Wah wah...





## Why apologize when you've been wrong?

- It teaches that no one is without sin
- It models truthfulness and humility
- It shows you want to correct injustice
- It teaches confession
- It teaches repentance
- It teaches reconciliation
- It shows respect for your child
- It shows you value the relationship
- It teaches the need for forgiveness

# Where Do You Begin When Your Kids Are Older?

- Have a family meeting
- Apologize for waiting
- Tell them the plan
- Start with the first book



# The success stories!

We got the books and we've been going through them.

- “The kids want to read them at bedtime.”
- “Our middle-schooler barged in on us while we were making love. We were able to talk with her about it, because she had been reading the books.”
- “Our kids see we're willing to talk with them about sex; they see us as really smart.”
- “They ask us about everything. They feel safe. We're the experts!”
- “They're not afraid to come to us and get answers rather than from other kids.”
- People come running up to us at conferences and church meetings and tell us how much this has changed their families. They are so grateful!
- Several who have used these books say, “You've got to teach this at WDS2020. The whole world needs this.”



Introduced the books in 2015



5 years later: Grateful to be getting truth instead of misinformation



Don't leave yourself or your family vulnerable!

Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever. *1 Timothy 5:8*

This must be a priority for your family!



***“It is easier to build strong children than to repair broken men.”***

# Tools and Resources

<http://PurityGodsWay.com>

1. Bookmark our website containing links to resources.
2. Order parent guide and age-appropriate books today.  
Our website contains links to the books at good prices.
3. Get internet filtering/accountability for your family today.  
(See the link for getting Covenant Eyes on our website.)
4. Talk with a partner in the gospel regularly about purity.